

# PEAK 24 days of Covid-19 Quarantine BINGO

<p>Write a full page description of how you are feeling about the quarantine. Share it with no one.</p>	<p>Walk a mile or more, practicing social distancing.</p>	<p>Listen to one of the leader's videos on the Jax Church Facebook page.</p>	<p>Make a greeting card using tape, glue, markers, or the like. Send a picture of it to a friend.</p>	<p>Call someone you haven't spoken to since the quarantine and chat a while.</p>
<p>Re-create a famous painting using items/people from around the house. Text it to a friend group.</p>	<p>Pray 10 minutes for the church and our effect on this epidemic. Be specific.</p>	<p>Listen to one of your favorite songs with someone else through video chat.</p>	<p>Re-study a scripture you don't understand using cross-references and commentaries.</p>	<p>Do a rigorous round of push-ups, squats, or both. Do it again tomorrow.</p>
<p>Deliberately do something encouraging for someone outside or your household.</p>	<p>Purchase a gift card online from a locally owned small business to give to someone else.</p>	<p><b>On April 12<sup>th</sup> read Luke 22-24 &amp; then Acts 1-2 with your household.</b></p>	<p>Call someone who wouldn't expect it and chat for a while.</p>	<p>Send a hand-written letter by mail. If you don't have stamps tape it to their front door.</p>
<p>Tape a large message of encouragement on someone's front window.</p>	<p>Jog in place for 15-30 minutes. If you can, do it with another member of the household.</p>	<p>Pray 10 minutes for our leaders. Be specific as you can. Look up names of senators, governors etc. if you need to.</p>	<p>Send someone a long, personal letter by email. Decorate the page without using emojis.</p>	<p>Pray for an acquaintance. Then send a message that you've done so.</p>
<p>Study a chapter of scripture using cross-references and commentaries.</p>	<p>Call someone from PEAK group you don't know that well and chat for a while.</p>	<p>Pray 10 minutes for families who are home schooling right now. Be specific as you can.</p>	<p>Write a full page description describing how you feel about this time in our history.</p>	<p>Repeat or  make your own.</p>

